

## University Area and Seattle Restaurants – A Guide

The University of Washington conference co-hosts have put together this list of recommended lunch time favorite restaurants with descriptions, in alphabetical order.

- **Agua Verde:** eclectic Mexican restaurant and local favorite located at the foot of Brooklyn Ave. You can sit inside (order on your way in) or order out (window on Boat St.) and sit along the water. Very good food but usually very busy.
- **Araya Thai:** Lunch buffet, vegan but you wouldn't know it. Brown rice only and tasty red rice for desert. Located on 45<sup>th</sup> between 12<sup>th</sup> and 11<sup>th</sup>.
- **Banana Leaf:** basic Thai restaurant located on the corner of University and 40<sup>th</sup> St. Inexpensive, good food with varying levels of Thai "heat".
- **Café Solstice:** Coffee, espresso and tea, with sandwiches. On University between 41<sup>st</sup> and 42<sup>nd</sup>.
- **China First:** Basic Chinese lunch menu, located on University between 42<sup>nd</sup> and 43<sup>rd</sup>. Inexpensive good food, quick service, pretty spicy if you ask for it.
- **Flowers:** vegetarian fusion Indian and Middle Eastern. Flavors are fabulous. Located on University between 43<sup>rd</sup> and 42<sup>nd</sup>.
- **Korean Tofu House:** Korean menu with tofu and meat dishes located in the basement of a former Church facing 42<sup>nd</sup> St. just off Brooklyn (the address says Brooklyn but don't be fooled, it is on 42<sup>nd</sup> St.). A little hard to find but the food makes it worthwhile. Hot in temperature and spiciness (depending on your order).
- **Portage Bay Café:** American menu, located on Roosevelt on 42<sup>nd</sup> St. just south of the University Inn. Excellent food, but perhaps a bit pricier than the others; also a good place to get breakfast, especially for the hungry.
- **Schultz's Sausage:** Beer and brats (as well as other sandwiches) located on University just north of 41<sup>st</sup> St. Hearty lunches and a decent variety of beers.
- **Shalimar:** Northern India/Pakistani cuisine located on University between 42<sup>nd</sup> and 43<sup>rd</sup>. One of the nicer restaurants on the Ave. with excellent food and a diverse menu.

Some of these restaurants are open for dinner (e. g., Shalimar and Agua Verde) but others close in mid-afternoon (e g., Portage Bay Café), so you may want to venture a bit further. Some suggestions:

- **Northlake Tavern** on Northlake Way: long time favorite in the U district well known for pizza and beer
- **Ivar's Salmon House** on Northlake Way: known for its alder-plank salmon. Excellent food but relatively expensive. Also has the option of purchasing fish and chips or chowder and eating outside along the water.
- University Village restaurants: walk through the campus and down the far side to the upscale shopping mall. Restaurants include the following:
  - **Piatti** restaurant: American Italian cuisine, good food, medium expensive
  - **Ram Restaurant and Brewery:** American pub food and good beer
  - **Blue C sushi:** (no personal review, but heard good things from others)

**Downtown Seattle:** There are a wide variety of restaurants downtown, too many to list, all easily accessible by bus from the U district. There are several good restaurants located near Pike Place Market or on the waterfront. Expect to pay a bit more than in the U district but the food is well worth it.

**Finally, for those with transportation,** a trip to the Shilshole Bay area on Seaview Ave. on the west side of Seattle is well worth the effort of the 20-30 minute drive. Dine at **Anthony's Homeport** or **Ray's Boathouse** for excellent seafood. Prices are expensive but the view is terrific. Ray's has an upstairs café that has a more limited menu but less formal environment. (Warning: the drive across Seattle during the late afternoon is not for the timid. It can be a trial in terms of traffic and the lack of a direct route across the city.)